

Mark Worthington

**YOUR
ULTIMATE
CONNECTION
AWAITS**



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Introduction

Unless you are one of the fortunate few who have experienced great romantic relationships, attaining truly fulfilling relationships can be challenging to say the least.

The modern dating and relating world are proving to be very difficult to navigate, and many of us have seemingly lost confidence in the current dynamics. We are functioning in dysfunction, and calling it love.

We have entered a kind of relationship recession, full of pain and fear, and out of sheer frustration and in a state of confusion many of us have simply decided to give up, rather than try again to make relationships work.

Marriage rates are falling, divorce rates are rising, and birth rates across the world have either stalled or are falling, as family dynamics shift. Divorce rates for second and third marriages are also substantially higher than for first marriages, and are climbing.

This is a major social issue that gets limited attention in the mainstream media, and yet so many lives are harmed by our inability to maintain happy romances. And our innocent children are becoming the greatest victims of this dysfunction.

We have all been sold the dream of true love; but, collectively, few of us have a clear understanding of what this is, and how to attain it.

My book *Your Ultimate Connection Awaits* puts forward all the reasons why this situation is arising, and in fact deteriorating, and contains solutions to the problems we are facing, together. These are my views for wise readers to consider and reflect upon.

After two divorces, and multiple other difficult romantic relationships, I spent over a decade studying love, and why some relationships fail, while others thrive. This book contains my detailed findings for a world in need of inspiration.

Isn't it time that we remembered the feeling of love and made it the centrepiece in our romantic relationships, not just the idea of it? After all, having wonderful loving relationships is surely something we all dream about!



We Are in a Painful Period of Transition



For centuries we have lived in a patriarchal world, in which masculine energies have suppressed and controlled the feminine energies in most societies. But since the advent of feminism there has been a long overdue shift to a world of greater equality, in which women have been given a much greater opportunity to express their full talents.

But rules and regulations don't always equal reality. So why, in this noble new phase of life, are so many relationships struggling, and falling apart in a sea of disappointment?

Why Is This All Going So Wrong?

Anyone who has read my books, or heard me speak, knows that I have closely studied the impacts of belief structures on our lives. Essentially, what we believe drives our lives by influencing our thoughts and actions.

The rules we now face are changing, but our subconscious beliefs around the way we relate in romantic relationships have not. And until they do, we will continue to experience significant distortions in the ways that we relate between the sexes.

Of course, not all relationships are dysfunctional, and a cohort of the fortunate few are good at it. But this analysis requires a degree of generalisation for any 'joining of the dots' to be of value.





So, what are some specific factors driving us apart?

- Essentially, many of us love from a place of fear and/or need, and relate with tarnished levels of love, because we have chosen our partners with preconditioned mindsets that don't align with the energy of love itself. We often tend to pick partners who we think will make us successful, rather than who will bring us into joy and happiness. Success seemingly matters more than fulfilment in love.
- The most advanced romantic relationships are possible when both partners can cultivate and balance their masculine and feminine energies, individually and together. But how is this best done?
- We approach relationships in the energy of lack or incompleteness, rather than in the energy of abundance and wholeness, so we are prone to attach to people who we subconsciously believe allow us to address these perceived shortfalls within ourselves. But love is often lost in this mental construct.
- For centuries, men and women have been the victims of a system that has subjected romantic relations to a plethora of rules and expectations, rendering them devoid of high levels of true fulfilment. My book sets many of these out, so people can witness them, then consciously decide to accept or dismiss them. There is no judgement on my part, just points to ponder.

- We have been taught to expect true or unconditional love in our lives, without really knowing what that is, or how to experience it. This book changes all that, for those who want the ultimate romantic relationship.
- Many of us don't understand what our intended partners are seeking in relationships, to remain fully engaged with us. What are their needs and how do they change? Instead, we often relate out of assumptions, and from outdated paradigms of love.
- Our ability to love one another is limited, because we have been taught to live in our egocentric minds, and to love from the individual personality that they themselves have created, not from our hearts. How can two people who are not true to themselves, be true to each other?
- Our egos protect and project us to keep us safe, and to maximise our perceived level of success in all that we do. Our precious images, and concerns about how we fit into the world compared to others, directs the way we live and relate. And in this place of competition and perceived lack, our relationships can't help but become the mirror image of our habits of behaviour.





- We are prone to 'think' love, rather than 'feel' into it and listen to its wisdom. If love is a frequency, not a thought, how can we truly love without consulting our hearts about our relationship decisions?
- We are part of a culture that has forgotten how to love. We don't teach people how to connect into the frequency of love, nor do we understand what the opposite sex truly seeks when it comes to love. Our school curriculums teach cerebral subjects, like mathematics and science, but not how to live the lives that we can love.
- When our relationships end, how many of us deeply reflect on why those relationships deteriorated, and how we contributed to their demise, then come back better able to love next time?
- In a society where self-awareness and self-esteem are impaired by our inherited conditioning, we have learned to treat our relationships, not as the way to meet our deepest desires for love and passion, but as a way of completing ourselves through a partner. If we aren't happy in a relationship, we often assume that it is the other person's fault.
- We are constantly rating each other, as well as relating to each other, in our need to find the 'perfect match'. Hollywood movies, love songs and fairytales have led us down this fantasy path. But do we give up too easily on partners, and walk away from our relationships, without fully understanding how we can consciously fix them, together?



- Much has changed in society over recent decades, with the force of feminism and new innovations such as internet dating and social media, and this has exposed many of the disharmonies that were always, and still are, present in how we relate to one another in love.
- Modern technology has made electronic interaction easier than ever before, yet we have seemingly never been so disconnected. I believe that we have forgotten the power of connecting to each other on an energetic level, not just through screens. Have we forgotten the difference between interaction and connection?
- Do we understand the force of polarity in romantic relationships, and how we can better manage such a dynamic, and that of sexual attraction to create wonderful and loving relationships?
- Finding peace and not conflict in a relationship is something we all strive for, but many of us struggle to do this. Unless we find peace within ourselves, we can never bring peace to a relationship with another.

So How Do We Solve This Dilemma?



Many romantic relationships may be fragile, but within this reality lies an opportunity for us all. This book shows you where peace can be found. It's not hiding from you. It's just waiting to be rediscovered.

We all know the feeling of love, from those special moments that we experience in life. Do you remember holding your newborn baby in your arms and staring into their eyes, or looking deeply into the eyes of your lover on your wedding day and feeling like you are home in your heart, finally?

We just need to remember those feelings, and make them a bigger part of our lives.

This book offers to show readers how to redefine what loving relationships mean to them, and then to step into new possibilities, where fear and pain previously took centre stage.

This book depicts a range of sophisticated solutions to this epic problem, including the following:

- Giving readers different options to improve their love lives, by applying more normal or more advanced practices.
- Teaching people the power of self-awareness practices, to create more fulfilling love lives. Our ability to recover from relationship trauma and confront our fears of loving again lies in our ability to self-reflect, to take responsibility for our own lives, and to make the necessary changes that can help us grow in love. But how do we do this?
- Teaching people how to more openly relate to each other within romantic relationships, to allow them to be more authentic with their partners, and to grow individually and together.
- Putting forth advanced 'blueprints' for men and women to help them become the ideal new-age partners that deep down the opposite sex can't help but desire, and will not want to lose. Whoever taught you that before?
- Redefining what true love really means. We all want it, but how do we get it, is the burning question that this book answers.



Bringing Us Back to Love

If you are struggling to make romantic relationships work, if you feel defeated or if you've already given up on love, I urge you not to!

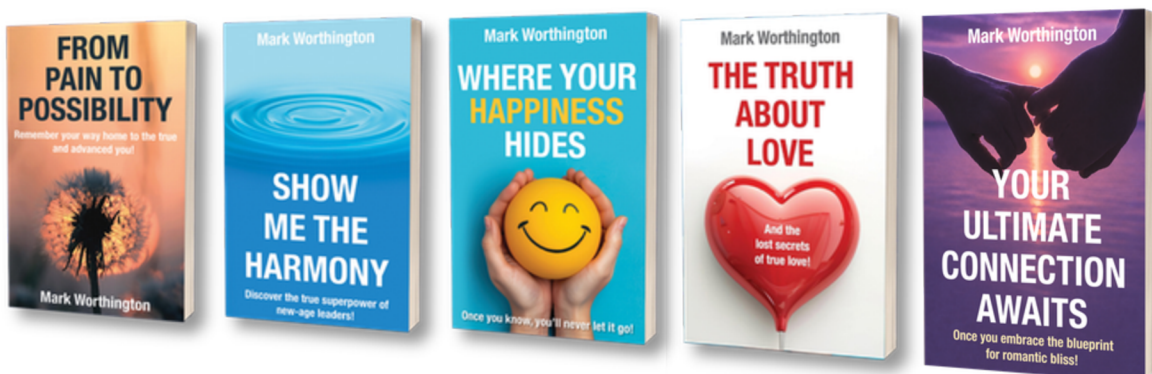
I faced this crossroads in my life, and took powerful steps forward.

I urge you to consider reading my book and contemplating how you too can become the ultimate lover who the opposite sex, including your current partner, will desire. And who knows, once armed with the secrets of true love, you can have that ultimate relationship you always dreamed about.

You owe it to yourself to remember the feeling of love all over again. It is patiently awaiting your attention!

Mark Worthington is an expert in human relationships and love, and how to maximise them to bring you the life you love. He has published five ground-breaking books to help his readers have a happier, and more fulfilling life.

What do you have to lose by reading his full book on this important subject?



This is Just the Beginning

If this book has sparked something in you, let's talk.

I offer private sessions for individuals and keynote presentations for groups who might want to explore deeper understandings of love, and how to take their romantic relationships to a whole new level.

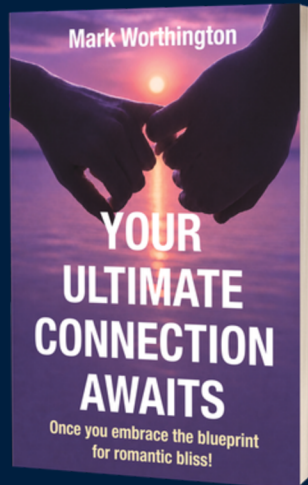
Scan the QR code to start the conversation.



www.mark-worthington.com

Your Ultimate Connection Awaits

MARK WORTHINGTON



If you found this guide helpful, you may want to explore Mark's powerful, full book on this subject, YOUR ULTIMATE CONNECTION AWAITS, to embrace the blueprint for romantic bliss!

This book provides comprehensive insights on what causes many modern romantic relationships to fail or to become dysfunctional, and how to make them truly magical instead.

If you want true love, or simply a better experience in romance, this is the first place you should look. You deserve to give yourself this ultimate gift of love. All of Mark's books are available in print and in electronic form on various distribution platforms, including Amazon.



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